

Empower Syllabus for Spiritual Formation

March 18, 2023, 1pm-4pm

Rev. Kelvin Walker

Required Reading: Benner, David. Surrender to Love: Discovering the Heart of Christian Spirituality (Expanded Edition). (Downers Grove, Illinois: InterVarsity Press, 2015).

Paper Formatting: For all writing assignments: double-space, one-inch margins, Times New Roman 12 font.

There is one pre-class assignment for this class and one post-class assignment. The Pre-class assignment is due on March 17, 2023 and the Post-class assignment is due on March 31, 2023.

Pre-class Assignment: Due on March 17, 2023

Reading Report

1. Read *Surrender to Love: Discovering the Heart of Christian Spirituality (The Spiritual Journey)*, by David Benner, in its entirety.
2. Submit a statement that you have read the book in its entirety (100%).

Post-Class Assignment: Due on March 31, 2023

Reflection Paper

1. Complete the family tree template, attached to the assignment in Edmodo, using your family of origin. Take into consideration the positive heritage as well as the negative sin patterns you've seen, experienced, or heard of for each person.
2. Take time to reflect on the "For Further Reflection" section at the end of each chapter of *Surrender to Love* by David Benner in light of your family tree. Complete the questions for reflection and discussion in the Appendix at the end of the book. These answers do not need to be submitted, they prepare you for your paper.
3. Write a 3 page paper including the following:
 - a. Choose 3 questions from the Appendix that really stood out to you and write why they are meaningful to you.
 - b. How might this book change the direction of your spiritual life? How can you change the negative family sin pattern you may see from looking at your family tree?
 - c. How might the content of this book help you in ministry?