

Empower Syllabus for Understanding Your Calling

November 19, 2022, 9am-12pm

Dr. Martin Sanders

Required Reading: Barton, Ruth Haley. Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry. (Downers Grove, IL: IVP Books: 2008.)
Gospel of Mark.

Paper Formatting: For all writing assignments: double-space, one-inch margins, Times-New Roman 12 font. There is one pre-class assignment for this class and one post-class assignment. The Pre-class assignment is due on November 11, 2022 and the Post-class assignment is due on December 2, 2022.

Pre-class assignment : Due November 11, 2022

Reading Report

1. Mark's Gospel
Thoroughly read Mark's gospel in one sitting. Consider the three movements and write a one-page personal reflection of yourself as a disciple, a discipler, and a leader.
2. Please write a statement at the end of your report indicating the percentage of the book Strengthening the Soul of Your Leadership that has been read. "I have read _____% of the book Strengthening the Soul of Your Leadership."

Post-class assignment: Due December 2, 2022

Personal Integration Paper

The Personal Integration Paper is a 5-page developmental paper that serves as an integrative experience for this course.

In this paper you will provide a concise portrait of:

- 1) How you now see yourself in all areas of life (socially, physically, cognitively, emotionally and spiritually). Highlight each of these five areas with its own section in your paper.
- 2) Your personal goals for the future.
- 3) How you will reach these goals, (i.e.: What is your specific program of self-care for personal growth in all areas of your life for the next three years?)

Draw on your insights from your life experiences and challenges you encountered in your reading and class activities. Reflect deeply on what you are learning about who you are, what issues you are dealing with and where you see yourself in the next 3-5 years.

SELECT BIBLIOGRAPHY (recommended reading)

- Allender, Dan, and Tremper Longman. Cry of the Soul: How Our Emotions Reveal Our Deepest Questions About God. Colorado Springs, CO: NavPress, 1999.
- Benner, David. The Gift of Being Yourself: The Sacred Call to Self-Discovery. Downers Grove, IL: InterVarsity, 2004.
- Biehl, Bobb. Why You Do What You Do. Nashville, TN: Nelson, 1994.
- Guinness, Os. The Call: Finding and Fulfilling the Central Purpose of Your Life. Thomas Nelson, 1998.
- MacDonald, Gordon. The Life God Blesses: Weathering the Storms of Life that Threaten the Soul. Thomas Nelson, 1997.