

## **Prayer Station 1: New Name**

Scripture Focus: Ruth 1:20 "Don't call me Naomi," she told them, call me Mara because the Almighty has made my life very bitter."

Big Idea: Prayers should be focused on affirming truths about our identity as a child of Christ.

Some things you can pray:

1. Whatever name our sister was called before today, we replace it with the name \_\_\_\_\_. (Pray the name God gives you for this woman.) Continue to pray healing for her as she receives this new name.

## **Prayer Station 2: Victim to Valor**

Scripture Focus: 2 Corinthians 4:7 & 2 Corinthians 5:17

"But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us."

"Therefore, if anyone is in Christ, the new creation has come the old has gone, the new is here!"

Big Idea: God is our Redeemer and calls us to step closer to who we are designed to be.

Some things you can pray:

1. Ask the woman to be specific in the area she needs to release.
  - For example, I release my fear of \_\_\_\_\_ (name the fear) and I replace it with truth that You, Lord, are always with me and I can do all things through you as you strengthen and heal me.
  - I release my anger toward \_\_\_\_\_ (name the person(s) for \_\_\_\_\_ (state what they did or didn't do). and I extend forgiveness to him/her/them and receive the acceptance and healing of Jesus in this wounded place.

In Jesus name, I open myself to receive Your healing in all my places of pain .

2. I reclaim, in Jesus name, all the gifts and treasures I have misplaced and/or stopped using. I joyfully receive my gifts of \_\_\_\_\_ that You have given me. (Ask the woman to specifically name the gifts and treasures she is reclaiming)

### **Prayer Station 3: Father's Love**

Scripture Focus: Lamentations 3:22-23 "The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning great is your faithfulness"

Big Idea: This space is for the women to receive the Father's love.

Some things you can pray:

1. Love for your daughter never ceases, Lord. Your forgiveness is limitless, everyday you give us more love and cover us with your tender and gentle sweet presence. You are always on the move to show your daughter that in the midst of all the noise and busyness she is heard and she is lifted.
2. Father, You are here with open arms to pour out Your love upon Your daughter. Wash over her with waves of love as You draw her close to Your heart. May she feel Your comfort and peace as she walks through this season of healing. (Continue to wait quietly before the Lord for further words of love and encouragement.)

### **Prayer Station 4: Barrenness/Widowhood/Loneliness to Fullness**

Scripture Focus: 1 Corinthians 6:20 "For you were bought with a price. So glorify God in your body."

Big Idea: Asking God to fill the lonely/barren spaces in our souls.

Some things you can pray:

1. Lies and darkness long to own you, but the enemy cannot have you. You were bought with the precious blood of the Lord Jesus and you belong to Him and Him alone!
2. Let the truth shine brightly on Your daughter who is redeemed and marked by the Almighty thumbprint of God. Your banner over her is love and nothing can separate her from that truth.

### **Prayer Station 5: Blessing**

Scripture Focus: Romans 15:13 "May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit."

Big Idea: Blessing each woman as they come.

Some things you can pray:

1. Pray this verse over the woman using her name where the word you is. May the God of Hope fill \_\_\_\_\_ (woman's name ) with all joy and peace as she trusts in you, so that she may overflow with hope by the power of the Holy Spirit.